



Caregiver Virtual Series Nights



SUPPORTING OUR CHILDREN DURING THE COVID-19 PANDEMIC

The Wilmington Public Schools continues to recognize the impact that the school closure had on the social and emotional well-being of our children and our families last spring. We remain committed to providing a greater family connection between home and school as this is a top priority during this most unusual school year. Results from the **Student/Family Wellness Survey**, that was administered to families prior to the start of school, helped staff to prioritize student/family needs and also indicated areas of social emotional well-being that families would like to learn more about to better support their child at home. We are pleased to announce a **Caregiver Virtual Series Nights** to provide parent education and support to families.

You may virtually attend all or as many of the presentations being offered. Register by [clicking here](#) or by scanning the QR code provided below. A virtual link will be emailed to you prior to each presentation you select.

Please contact
Christine.Murray@wpsk12.com
with any questions.



Thursday, January 7, 2021 — 7:00-8:00 PM

Supporting Kids in Using Effective Coping Strategies When Faced With Tough Challenges:

Validation and Finding The Middle Ground (vs. fragilizing or being too strict)

YUDELKI FIRPO-PERRETTI, Ph.D., Staff Psychologist & MICHELLE SILVERMAN, Ph.D, postdoctoral fellow, McLean Anxiety Mastery Program and School Consultation Program

Tuesday, January 12, 2021 — 7:00-8:00 PM

A Caregiver's Guide to Remote Learning: Balancing School, Work and Life At Home

SHERRE EMMONS, M.Ed & Moderate Disabilities, WPS North Intermediate STAGES Program Teacher (Students Accessing Guidance for Emotional Support)

Thursday, January 21, 2021 — 7:00-8:00 PM

Behavior Planning at Home: How to Encourage Ways to Increase Positive Behavior

Preventative Behavioral Strategies in the home will be explored.

CATHERINE HINDLE, M.Ed, BCBA, LABA, SEEM Collaborative

Tuesday, January 26, 2021 — 7:00-8:00 PM

Positive Behavioral Interventions and Supports (PBIS) In The Home

Positive Behavioral Interventions and Supports (PBIS) is a school-wide framework used throughout the Wilmington Schools that promotes positive and expected behaviors and healthy social and emotional development. This presentation will support caregivers in bringing elements of PBIS into the home setting. Caregivers will leave the presentation with strategies to teach and reinforce expected and healthy behaviors.

SCOTT GREENSPAN, Ph.D., NCSP Postdoctoral Associate, Psychology, Wediko Children's Services at The Home for Little Wanderers

Thursday, February 4, 2021 — 7:00-8:00 PM

Losing My Son: What I've Learned about Anxiety, Depression, and Suicide Prevention

On December 1st, 2009, Steve Boczenowski lost his 21-year-old son, Jeffrey, to suicide. In response to this personal tragedy, Steve and his wife, Deb, founded a small non-profit organization - Teenage Anxiety and Depression Solutions (TADS). The mission of TADS is to address mental health issues, especially among young people, by raising awareness, providing education, and enabling access to care. Steve is well-known and respected within the state's suicide prevention community and has been an active member of the Mass Coalition for Suicide Prevention (MCSP). Through these efforts, he has developed expertise in suicide prevention, mental health, and public policy. In his presentation to the Wilmington School District, Steve will share his reflections on his life with Jeffrey and offer his observations on the prevalence of mental illness and suicide ideation in our society. His talk will cover warning signs of anxiety, depression, and suicide ideation, and offer practical guidance for working successfully with young people of all ages.

STEVE BOCZENOWSKI, Teenage Anxiety and Depression Solutions (TADS)

Tuesday, February 9, 2021 — 7:00-8:00 PM

Social Emotional Learning (SEL) In The Home: What is social emotional learning and ways to integrate it into your home

MARINA GONZALEZ-ANG, LMHC, School and Family Counselor, SEEM Collaborative