

Wilmington High School, Athletic Department- 159 Church Street, Wilmington, MA

Tim Alberts, Athletic Director - tim.alberts@wpsk12.com

Cheryl Tavares, Administrative Assistant—Cheryl.tavares@wpsk12.com

Patrick Taylor, Faculty Manager—Patrick.taylor@wpsk12.com

Melanie Bachteler, Athletic Trainer—Melanie.bachteler@wpsk12.com

2018-2019

PHYSICALS - You must have an updated (within 13 months) physical in order to try out.



Middlesex League

Fall Sports

- Golf V
- Cheerleading V
- Boys Cross Country V
- Girls Cross Country V
- Field Hockey V/JV/FR
- Football V/JV/FR
- Girls Soccer V/JV/FR
- Boys Soccer V/JV/FR
- Girls Volleyball V/JV/FR

Winter Sports

- G Basketball V/JV/FR
- B Basketball V/JV/FR
- Cheerleading V
- Girls Ice Hockey V
- Boys Ice Hockey V/JV
- Ski-Club
- Boys W. Track V/JV
- Girls W. Track V/JV
- Wrestling V/JV

Spring Sports

- Baseball V/JV/FR
- Softball V/JV
- Girls Sp Track V/JV
- Boys Sp Track V/JV
- Boys Tennis V
- Girls Tennis V
- Girls Lacrosse V/JV
- Boys Lacrosse V/JV

Home Game Tickets
 \$5.00 Student/Senior
 \$7.00 Adults

FALL 2018

♦ PARENT/ATHLETE MEETING

Tuesday, August 21st @ 6:00 p.m. WHS Auditorium
 Meet with coaches briefly
 Guest speaker—Dr. Ruth Potee—*Opioid Crisis*

♦ Try out sessions:

FOOTBALL—Friday, August 17th @ 3:30 p.m.
 All other sports begin on Thursday, August 23, 2018

Concussion Impact Testing is mandatory for all Freshman and Juniors and will be coordinated via the Athletic Trainer pre-season. See the trainer with questions regarding scheduling.

♦ TEAM PICTURE DAY—Thursday, August 30, 2018 @ 2:15 p.m.

♦ HOME COMING DANCE - **Saturday, September 15, 2018 - 7:00 p.m.—10:00 p.m.** @ Wilmington High School

WINTER 2018-2019

♦ PARENT/ATHLETE MEETING

Tuesday, November 13, 2018 @ 6:00 p.m. WHS Auditorium
 Meet with coaches & guest speaker Chris & Kathy Sullivan

♦ TRY OUTS SESSIONS begin the Monday AFTER Thanksgiving
(Monday, November 26, 2018)

♦ TEAM PICTURE DAY—Thursday, December 6, 2018 @ 2:15 p.m

SPRING 2019

♦ PARENT/ATHLETE MEETING

Tuesday, March 12, 2019 @ 6:00 p.m./WHS Auditorium.

♦ TRY OUT SESSIONS -**March 18, 2019**

TEAM PICTURE DAY- Thursday, March 28, 2019 @ 2:15 p.m.
SENIOR ATHLETE BANQUET— Wednesday, May 29, 2019 @ TBD

<http://wilmingtonhigh.bigteams.com/>
https://twitter.com/Wilmington_AD



Bonafide Team Member Rule

Athletes on all teams must comply with the bonafide team rule. Bonafide members of a school team are precluded from missing a high school practice or competition in order to practice or compete with an out-of school team. Violations of the above rules will result in ineligibility for two high school contests or two weeks, whichever is the greater on the first offense, and 45 days of high school ineligibility on the second offense.

COMMITMENT/ATTENDANCE AND TARDY POLICY

An athlete who is absent or has an unexcused tardy may not participate in any athletic games or practices that day. They may return to athletic participation upon return to school. For detailed information, please refer to the student handbook. It is extremely important for a coach to be notified if a student is not going to be present at a game or practice. Coaches expect their athletes to be present at ALL team related activities. Weekend practice sessions vary by sport and attendance is expected. Suspension or dismissal from a team may result in such absences. Students are excused from team activities for illness, injury, academic or religious commitments and family emergencies. Prior notification is recommended.

Guidelines for communication within the Athletic Program

The Athletic Department would like to establish parental support and positive role models in all co-curricular activities. All discussions regarding your child should be addressed in the following manner.

- Please encourage your child to resolve his/her conflict with their coach directly. If this is not possible and/or does not apply, concerns should then be expressed directly to the coach at a **mutually convenient time.**
- From there, the chain of communication is to schedule a meeting with the Athletic Director, then the Principal, lastly the Superintendent.
- **Issues that are not appropriate for parents to discuss with the coach are team strategy, play calling, other student-athletes and playing time.**

Respect the coaches as they make judgment decisions based on what they believe to be best for all student/athletes as well as the team. It is very difficult to accept your child's not playing as much as you may hope at any level. Please understand the balance between individual needs and team

ATHLETIC OFFICE -

Tim Alberts, the Athletic Director and **Cheryl Tavares, the Administrative Assistant** are located past the gym on the left. If athletes are curious if practices or games are canceled due to the weather, feel free to stop by. If there is a change a practice or a game, coaches typically send a tweet or message to the team.

Melanie Bachteler our Athletic Trainer is downstairs across from the locker rooms.

If you have any questions, do not hesitate to contact us by e-mail or phone and as always stop by!

WHS Boosters Club - <http://whsboosters.blogspot.com/>

